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ABBREVIATIONS

B	Botswana
GP	Game Park
GR	Game Reserve
L	Lesotho
Mal	Malawi
Moz	Mozambique
NP	National Park
NR	Nature Reserve
S	Swaziland
SA	South Africa
Zam	Zambia
Zim	Zimbabwe

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GreenDex

It seems like everyone's going green these days, but how can you know which businesses are actually ecofriendly, and which are simply jumping on the eco/sustainable bandwagon? Many lodges and camps in and around national parks, for example, claim to be involved in conservation activities – and many are, supporting important practices such as antipoaching measures.

The following tours, attractions and accommodation choices have all been selected by Lonely Planet authors because they demonstrate an active sustainable-tourism policy. Many are involved in conservation or environmental activism, some are owned and operated by locals, and some are genuine cultural experiences that promote, maintain and preserve local identity and culture.

We want to keep developing our sustainable-tourism content. If you think we've omitted someone who should be listed here or if you disagree with our choices, email us at www.lonelyplanet.com/feedback and set us straight for next time. For more information about sustainable tourism and Lonely Planet, see www.lonelyplanet.com/responsibletravel.

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	Tollway		One-Way Street
	Freeway		Mall/Steps
	Primary		Tunnel
	Secondary		Pedestrian Overpass
	Tertiary		Walking Tour
	Lane		Walking Trail
	Under Construction		Walking Path
	Unsealed Road		Track

TRANSPORT

	Ferry		Rail (Underground)
	Bus Route		Tram
	Rail		Cable Car, Funicular
			Rail (Fast Track)

HYDROGRAPHY

	River, Creek		Canal
	Intermittent River		Water
	Swamp		Lake (Dry)
	Mangrove		Lake (Salt)
	Reef		Mudflats

BOUNDARIES

	International		Regional, Suburb
	State, Provincial		Ancient Wall
	Disputed		Cliff
	Marine Park		

AREA FEATURES

	Airport		Land
	Area of Interest		Mall
	Beach, Desert		Market
	Building		Park
	Campus		Reservation
	Cemetery, Christian		Rocks
	Cemetery, Other		Sports
	Forest		Urban

POPULATION

	CAPITAL (NATIONAL)		CAPITAL (STATE)
	Large City		Medium City
	Small City		Town, Village

SYMBOLS

Sights/Activities	Eating	Information

LONELY PLANET OFFICES

Australia (Head Office)

Locked Bag 1, Footscray, Victoria 3011

☎ 03 8379 8000, fax 03 8379 8111

talk2us@lonelyplanet.com.au

USA

150 Linden St, Oakland, CA 94607

☎ 510 250 6400, toll free 800 275 8555

fax 510 893 8572

info@lonelyplanet.com

UK

2nd fl, 186 City Rd,

London EC1V 2NT

☎ 020 7106 2100, fax 020 7106 2101

go@lonelyplanet.co.uk

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QUICK REFERENCE

SEE DIRECTORY CHAPTER FOR
MORE PRACTICAL INFORMATION

HOW TO USE THIS BOOK

Sleeping and Eating reviews are listed in budget order. Prices in this guide are given for rooms with bathroom. Exceptions are noted in specific listings.

For details of map symbols, see the Map Legend on the last page of this book.

	telephone	apt	apartments
	opening hours	d	double rooms
	parking available	dm	dorm beds
	nonsmoking rooms/areas available	f	family rooms
		q	quad rooms
		r	rooms
	air-con available	s	single rooms
	internet available	ste	suites
	wi-fi access	tr	triple rooms
	swimming pool	tw	twin rooms
	vegetarian available		

EXCHANGE RATES

Prices in this book are quoted in local currencies and US dollars. US\$1 = 100 cents.

For current exchange rates see www.xe.com.

Country	US\$1	UK£1	€1	A\$1
Botswana (pula)	6.60	11	9.92	6.10
Lesotho (loti)	7.46	12	11	6.90
Malawi (Malawi kwacha)	138	225	207	128
Mozambique (metical)	28	45	41	25
Namibia (Namibian dollar)	7.46	12	11	6.89
South Africa (rand)	7.45	12	11	6.89
Swaziland (lilangeni)	7.45	12	11	6.89
Zambia (Zambian kwacha)	4665	7592	7013	4311
Zimbabwe (US dollar)	1.00	0.60	0.67	1.08

BUSINESS HOURS

Standard opening hours vary slightly between countries; see the Directory for each country.

Banks	8am or 9am-3pm or 3.30pm Mon-Fri, to 11am or 1pm Sat
Cafes	7.30am-5pm; some close Mon or Tue
Shops	8am or 9am-5pm; supermarkets in larger cities open much later; in some countries shops close for lunch
Restaurants	11am-3pm & 6-10pm

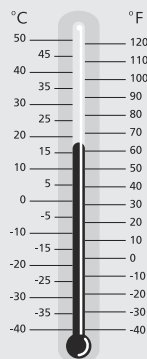
TELEPHONE COUNTRY CODES

To make international calls from most Southern African countries, dial ☎ 00 and then the number; from South Africa, Lesotho and Swaziland, dial ☎ 09. When calling from outside each country you will need to dial the following codes first:

Botswana	☎ 267
Lesotho	☎ 266
Malawi	☎ 265
Mozambique	☎ 258
Namibia	☎ 264
South Africa	☎ 27
Swaziland	☎ 268
Zambia	☎ 260
Zimbabwe	☎ 263

CONVERSIONS

1in = 2.54cm
1cm = 0.39in
1m = 3.3ft = 1.1yd
1ft = 0.3m
1km = 0.62 miles
1 mile = 1.6km
1kg = 2.2lb
1lb = 0.45kg
1g = 0.04oz
1oz = 28g
1 imperial gallon = 4.55L
1L = 0.26 US gallons
1 US gallon = 3.8L
1L = 0.22 imperial gallons



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